



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY

DEPARTMENT OF EDUCATION
CAGAYAN DE ORO CITY
RELEASED
DATE: MAR 27 2024

Office of the Schools Division Superintendent

26 MARCH 2024

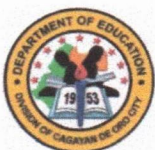
DIVISION MEMORANDUM
No. 225 s. 2024

TO: Assistant Schools Division Superintendent
Chief ES, SGOD
Public Schools District Supervisors
All Winning Athletes, Coaches, and Chaperones
School Health Personnel
All Others Concerned

1. Relative to the conduct of the 2024 Regional Athletic Meet, the field is hereby informed of the scheduled Medical and Dental Check-up for the qualified Athletes, Coaches and Chaperones on April 18 – 30, 2024, at the Medical- Dental Clinic, Bulua Central School.
2. All concerned are directed to strictly come on time and follow the allotted time slot for the specific sport events indicated on Enclosure No.1.
3. Qualified Coaches and Chaperones are directed to facilitate the processing of required documents for evaluation of the Regional Screening and Accreditation Committee (RSAC).
3. Immediate dissemination and compliance to this memorandum is required.

ROY ANGELO E. GAZO
Schools Division Superintendent

Encl. :as stated
Reference :Division Memo No. 212, s.2024
To be indicated in the Perpetual Index
under the following subjects:
Sports Activities, Palaro, RSAC



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2024 SPORTS REGIONAL MEET

MEDICAL AND DENTAL CHECK-UP SCHEDULE

	DATE	TIME	EVENT		HEALTH PERSONNEL
1	APRIL 18	8:00 – 9:30 AM	ATHLETICS ELEMENTARY (M)	12	JACEL JANE A. CADUSALES
2		9:30 – 11:00 AM	ATHLETICS ELEMENTARY (F)	12	ER SHEMIAH T. DANGAZO
3		11:00 – 12:00 AM	ATHLETICS SECONDARY (M)	14	HERLIE B. ONTOY
4		1:00 – 2:30 NN	ATHLETICS SECONDARY (F)	16	JEANE R. JOSON
5		2:30 – 3:30 PM	ARNIS ELEMENTARY (M/F)	9	PACILI A. YAÑEZ
6		3:30 – 4:00 PM	ARNIS SECONDARY (M)	6	BALDOMERO MARK B. MESO III
7		4:00 – 4:30 PM	ARNIS SECONDARY (F)	6	JAMCEL A. CHACON PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA YVONNE KARLA B. MABAO
8	APRIL 19	8:00 – 9:30 AM	BADMINTON SECONDARY (M/F)	11	YVONNE L. GIRONELLA
9		9:30 – 10:30 AM	BADMINTON ELEMENTARY (M/F)	11	KITO-KRISIAN K. FRANCISCO
10		10:30 – 12:00 NN	BASEBALL ELEMENTARY	14	MICHELLE ALEXANDRIA H. PABELIC CRYSTAL CHRISTI P. CARTEL
11					SHARON T. POLANCOS
12		1:00 – 2:30 PM	BASEBALL SECONDARY	13	BALDOMERO MARK B. MESO III
13		2:30 – 3:30 PM	BASKETBALL 3X3 SECONDARY (M/F)	11	JAMCEL A. CHACON
14		3:30 – 4:30 PM	BILLIARDS SECONDARY (M/F)	6	PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA
15	APRIL 22	8:00 -9:30AM	BASKETBALL ELEMENTARY (M)	13	NATHALIE VENUS V. FAMADOR
16		9:30 – 10:30 AM	BASKETBALL SECONDARY (M)	13	LINA G. LUDEÑA
17		10:30 – 12:00 NN	BASKETBALL SECONDARY (F)	14	CRISTINA R. CAPISTRANO
18		1:00- 2:30 PM	BOXING SECONDARY (M)	14	DOREEN O. DECHOSA AMOR C. FAJARDO
19		2:30-3:30 PM	CHESS ELEMENTARY (M/F)	6	BALDOMERO MARK B. MESO III
20		3:30 – 4:30 PM	CHESS SECONDARY (M/F)	6	JAMCEL A. CHACON PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA
21	APRIL 23	8:00 - 8:30 AM	DANCESPORTS ELEM.	5	JOAN A. ARSUA
22		8:30 - 9:00 AM	DANC SPORTS SECONDARY	5	FRANCIS LEO C. TAGADIAD
23		9:00 - 11:00 AM	FOOTBALL ELEM. (M)	20	NICHOL V. SALIDO
24		11:00 -11:30 AM	GYMNASTICS –MAG ELEM	4	CARMELO MARIO W. PADERANGA
25		11:30 – 12:00 NN	GYMNASTICS- WAG ELEM	4	NIKKI JO VALMORIA
26		1:00 – 2:00 PM	GYMNASTIC-MAG SECONDARY (M)	2	BALDOMERO MARK B. MESO III
27			GYMNASTICS-AERO SECONDARY (M/F)	5	JAMCEL A. CHACON
28		2:00 – 4:00 PM	FOOTBALL SECONDARY (M)	20	PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA
29	APRIL 24	8:00- 8:30 AM	GYMNASTICS- AERO ELEM (M/F)	5	JACEL JANE A. CADUSALES
30			GYMNASTICS-RG ELEM. (F)	4	ER SHEMIAH T. DANGAZO
31		8:30 – 9:30 AM	GYMNASTICS- WAG SECONDARY(F)	4	HERLIE B. ONTOY
32			GYMNASTICS-RG SECONDARY (F)	4	JEANE R. JOSON
33		9:30- 10:30 AM	LAWN TENNIS ELEM. (M/F)	9	PACILI A. YAÑEZ
34		10:30 – 12:00 NN	SOFTBALL ELEM. (F)	14	BALDOMERO MARK B. MESO III
35		1:00 – 2:30 PM	FUTSAL SECONDARY (M)	14	JAMCEL A. CHACON
36		2:30 – 3:00 PM	LAWN TENNIS SECONDARY (M)	5	PAULINE C. ANGARA
37		3:00 – 3:30 PM	LAWN TENNIS SECONDARY (F)	5	LUZVILLA ESPINOSA
38		3:30 – 4:00 PM	SEPAK TAKRAW SECONDARY (F)	6	ANALYN GARCIA YVONNE KARLA B. MABAO
39	APRIL 25	8:00 – 9:30 AM	SEPAK TAKRAW SECONDARY (M)	14	YVONNE L. GIRONELLA
40		9:30 – 10:00 AM	SEPAK TAKRAW ELEM. (M)	5	KITO-KRISIAN K. FRANCISCO
41		10:00 – 11:00 AM	SWIMMING ELEM. (M)	10	MICHELLE ALEXANDRIA H. PABELIC
42		11:00 -12:00 NN	SWIMMING ELEM. (F)	12	CRYSTAL CHRISTI P. CARTEL
43		1:00-2:30 PM	SWIMMING SECONDARY (M)	11	SHARON T. POLANCOS
44		2:30 -4:00 PM	SWIMMING SECONDARY (F)	12	BALDOMERO MARK B. MESO III JAMCEL A. CHACON PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA
45	APRIL 26	8:00- 8:30 AM	TABLE TENNIS SECONDARY (M)	5	NATHALIE VENUS V. FAMADOR
46		8:30 – 9:00 AM	TABLE TENNIS SECONDARY (F)	5	LINA G. LUDEÑA
47		9:30 – 10:00 AM	TABLE TENNIS ELEM. (M)	5	CRISTINA R. CAPISTRANO
48		10:00 – 10:30 AM	TABLE TENNIS ELEM. (F)	5	DOREEN O. DECHOSA
49		10:30 – 11:30 AM	TAEKWONDO ELEM. (M)	7	AMOR C. FAJARDO
50		11:30 – 12:00 AM	TAEKWONDO ELEM (F)	8	BALDOMERO MARK B. MESO III
51		1:00-2:30 PM	VOLLEYBALL ELEM. (M)	14	JAMCEL A. CHACON
52		2:30 – 4:00 PM	VOLLEYBALL ELEM. (F)	15	PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA

53	APRIL 29	8:00 – 10:00AM	TAEKWONDO SECONDARY (M)	11	JOAN A. ARSUA FRANCIS LEO C. TAGADIAD NICHOL V. SALIDO CARMELO MARIO W. PADERANGA NIKKI JO VALMORIA BALDOMERO MARK B. MESO III JAMCEL A. CHACON PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA
54		10:00-12:00 AM	TAEKWONDO SECONDARY (F)	12	
55		1:00 – 2:30 PM	VOLLEYBALL SECONDARY (M)	14	
56		2:30 – 4:00 PM	VOLLEYBALL SECONDARY (F)	14	
57	APRIL 30	8:00 - 9:30 AM	WRESTLING SECONDARY (M)	8	JACEL JANE A. CADUSALES ER SHEMIAH T. DANGAZO HERLIE B. ONTOY JEANE R. JOSON PACILI A. YAÑEZ BALDOMERO MARK B. MESO III JAMCEL A. CHACON PAULINE C. ANGARA LUZVILLA ESPINOSA ANALYN GARCIA YVONNE KARLA B. MABAO
58		9:30 - 10:30 AM	WRESTLING SECONDARY (F)	6	
59		10:30 – 11:30 AM	WUSHU SECONDARY (M)	7	
60		11:30 -12:00 NN	WUSHU SECONDARY (F)	4	
61		1:00 – 1:30 PM	ARCHERY SECONDARY (M)	4	
62		1:30 -2:30 PM	ARCHERY SECONDARY (F)	6	
			SOFTBALL SECONDARY (F)	14	
			TOTAL PARTICIPANTS: 570		